

CAIRNS JUNIOR HOCKEY

Under 13 Seven-a-side Carnival

Saturday 26th June, 2010

Team Nominations

Saturday 26th June has been assigned as a Carnival Day for the Under 13 Juniors. This will provide a break from the normal competition and hopefully some fun for the Juniors. The U13 representative players are asked to join in as umpires.

The format of the Carnival will be a seven-a-side, round robin carnival, on half field. Competition rules will be similar rules to warehouse. A full set of the playing rules is attached. A list of club duties will be advised. Each team will pay one fee of \$40 for the whole carnival.

The number of pools in the competition will depend on the number of nominations received. Teams may not necessarily be in the same divisional pools that they normally play in.

As teams will be seven-a-side, some schools or clubs may be able to field more teams than in the current competition. Consequently, I am requesting all clubs/schools teams to nominate the number and approximate grades of the teams they would like to enter. Note you can have reserves, but only 7 on the field at any one time.

Please advise your team entries by no later than Wednesday 9th June 2010. Nominations can be forwarded to CHA office by fax 4053 2534 or email info@cairnshockey.com.au. Nomination forms are available on Cairns Hockey web site www.cairnshockey.com.au

Coach & Contact No.....

Club/school team	Nominated Grade Boys or Girls

Cairns Junior Hockey

Under 13 Seven-a-side Carnival

Playing Rules

1. Seven (7) players on the field per team.
2. No goalie or kicking backs.
3. No circle – goals can be scored from anywhere on the field.
4. No short corners. All penalties near the goal to be taken as free hits 10m from the back line.
5. Long corners played from the sideline.
6. Where the umpire considers a deliberate breach has occurred to prevent a goal, eg. kicking the ball in front of the goal, a penalty goal shall be awarded.
7. Goals cannot be scored directly off a free hit, long corner or sideling hit-in.
8. The ball must be pushed, slapped or soft hit.
9. The ball cannot be hit with a shot where the stick is drawn back above knee height.
10. No lifting the ball above shin height – including shots into the goal.
11. Substitutions can be made at any time.
12. Each game shall consist of 2 – 15 minute halves and a 3-minute half time.